

## AFC High School Student Council Presents Turkey Trot 5K

Running for the Crohn's and Colitis Foundation of America

Saturday, November 8, 2014

Registration from 12-12:45PM

Walk/run: 1:00 PM

Pre-registration \$15 After November 1<sup>st</sup>: \$20

## Beginning and ending at AFC High School

Please join us for this family friendly event! The walk/run will consist of a 3.2 mile path through Ashton; an alternate 1 mile path will be available for participants unable to run or walk the 3.2 miles. This will be a non-timed event and all are welcome.

All proceeds from this event go to the Crohn's and Colitis Foundation of America.

Name:		D.O.B	
Phone:	Address:		
City, State, Zip			
Shirt size: (please circle) <b>C</b>	hildren SMLXL	Adult S M L XL 2XL 3XL	

Knowingly at my own risk, I hereby enter the AFC Student Council Turkey Trot 5K and I or my parent/guardian hereby waive and release any and all claims for damages I may incur as a result of participation in this event, including the Village of Ashton, AFC High School, Officials, Directors, Sponsors, or volunteers for said injuries.

Signature: \_\_\_\_\_\_Date\_\_\_\_\_Date\_\_\_\_\_

Mail all entries to: Turkey Trot 5K, 611 Western Ave, Ashton, IL 61006. Make checks payable to: AFC High School

To sign up online go to: https://afcschools.revtrak.net.